

MEANING OF LIFE?

As with the topic on success, many a book was written on the subject. Some time back I attended a work session on leadership and the facilitator said don't tell me what you have read in a book but what have you learned out of life yourself. I would explore in the next few paragraphs my own thoughts on meaning.

Meaning in my words can also be what purpose I have in life? Looking back it is most probably also a journey as at different points of my life, life did have a different purpose or meaning for me.

If I think back at say when I just finished school, joined the permanent force of the defence force and started studying part time, as it was important for me to complete a qualification, planning ahead for the cards that life could hand to me. Drawing a parallel most of my friends was just enjoying life at that stage. Looking back through my own eyes not one of these two ways was necessarily wrong.

As life is made up of moments and choices and these have an impact on one's future life. It is also important that I learned out of mistakes/choices I made on this journey. I do believe that life prepare us for what is to come. **So would that mean learning from life's meaning? What is life inspiring in me?**

Talking about life and meaning it would make no sense for me personally if my life does not have God as a base. As I look back at my life when I made God the centre of my purpose statement I started a new journey. This forms the base of a journey towards meaning for me personally as I need to be less of myself to be able to hear the Lord through the Holy Spirit to guide me on this journey. **Life on earth is temporary.....? How do I use the moments to create meaning? How do I die from myself?**

Meaning would then be for me personally the contribution I can make to the world, offering my gifts. Through this I am then able to Worship God through my contribution.

So meaning will be different for each individual based on their personal way of looking at the world. ***So meaning will depend on the person's identity at a certain point and can change over time as identity or I would prefer to say the human being changes.***

FOOD FOR THOUGHT:

What meaning does life have for you?

What is your purpose?

What do you do with your moments to:

- To contribution with your gifts to the universe?
- To contribute to relationships; as spouse, farther/mother, friend, community member, leader at work....
- To learn, develop and contribute through being yourself
- To live the moments joyfully?

Are you growing in this journey of life?